

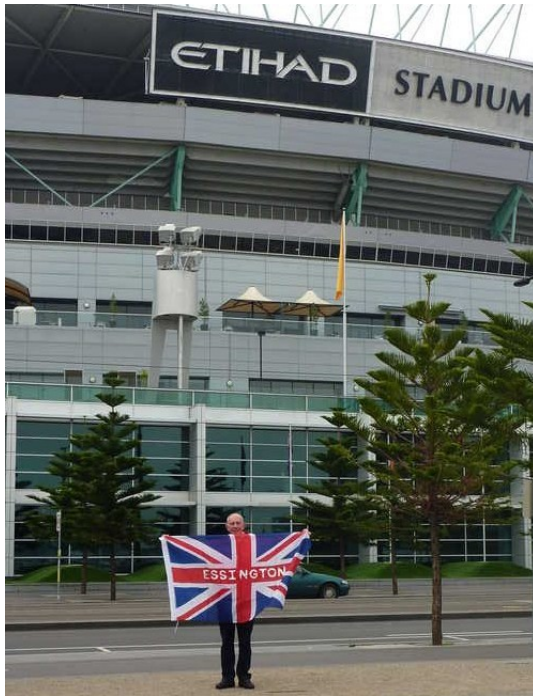


Newsletter

www.essingtonrugby.co.uk

July 2013

JEFF WAVES THE FLAG FOR THE LIONS



Essington were represented at all three Lions Tests by Jeff and Frances Osbourn. As you can see from the pictures the Essington flag was prominent throughout the tour.

A WORD FROM THE COACH



Firstly many thanks for voting me in to the position of coach and director of rugby. I hope you all agree that this coming season is going to be great fun and full of challenges both on and off the pitch. At Essington we have a wealth of coaching and playing experience that I intend to exploit to the fullest. We have the potential to be high fliers and excel in everything we do over the coming months, but this will only happen with everyone's commitment to both the structure of training and playing.

Training is pointless unless we have players to train and unfortunately, players who don't train together are not able to play together as an effective team. We have the skills and the players to beat any team that we come up against, but only if we play as a team and not individuals. Our club can continue to grow from strength to strength but only with everyone's commitment. We all need to be pulling in the same direction, both on the training ground and the playing field.

Thank you once again for this opportunity, Hope you are all looking forward to the coming season with as much enthusiasm as myself.

Nic Smith
Coach



Essington
Rugby Club



New players wanted !

We have 2 adult mens teams and one adult ladies team.
Bring a new player to us and after their first game, you both get a free pint!
(offer ends 30th September 2013)

www.EssingtonRugby.co.uk - High Hill Centre, High Hill, Essington, WV11 2DW

CLUB CLEAN UP DAY

Great support. Thanks to everyone who helped.



THIS YEARS CHARITY

Gerwyn Jones put forward a Charity for 2013/14, which was kindly supported/agreed by all.

He proposed a local Miscarriage centre, following personal links (and I know some others in the club, or someone they know, have had experiences of). To give some more detail the Charity is: Heartlands Miscarriage Clinic. Based at Birmingham Heartlands hospital they are one of a few clinics in the UK that specialise in miscarriage research with expectant mums and run different trials for pregnancy.

When he spoke to them about the news that we would support them and ideas of what would be a worthy focus for our fundraising, Rachel Small (Heartlands Hospital miscarriage midwife specialist) was really surprised and impressed we wanted to support.

Gerwyn feels we should see where our money goes, so he is working with them on a fund raising plan for a much needed 2nd scan machine in the department so they can increase access to their service for patients much speedier.

More information will follow soon.

SOCIAL

Sat 20th July :Clean Up Day 2

Second day to do more jobs at the club. Starting at 8am with cellar painting and some other jobs.....

Follow on from our main clean up day on Sat 15th June.



Sat 31st Aug :Start of the season / first game

Wed 4th Sept :Ladies evening

Fri 1st Nov :Jason Newton / Jade Hylton wedding reception

Sat 9th Nov : Bonfire Night

Bonfire, fireworks, food and drinks.

Sat 14th Dec : Christmas ball

A BUSY JUNE

As well as all the work carried out on Clean Up Day June has been a very busy month with weddings, christenings and birthdays (including Eish's 30th). From all these events the bar takings were over £5,000 giving us a profit of more than £2,000 towards the costs of running the Rugby Club.

Thanks loads to all the volunteer Bar Staff.



CODE OF RUGBY

Everyone involved in rugby in England, whether as a player, coach, referee, administrator, parent or spectator is expected to uphold the Core Values of our sport.

**Teamwork · Respect · Enjoyment
Discipline · Sportsmanship**

- Play to win - but not at all cost.
- Win with dignity, lose with grace.
- Observe the Laws and regulations of the game.
- Respect opponents, referees and all participants.
- Reject cheating, racism, violence and drugs.
- Value volunteers and paid officials alike.
- Enjoy the game.

**THIS IS
RUGBY.**