



ESSINGTON RUGBY CLUB SENIOR / MINI - JUNIOR FIRST AID PROCEDURES

- Each team should have a First Aider, qualified at least to Basic First Aid, present at matches/events and training sessions. Each First Aider is responsible for ensuring that the qualification is current. The qualification should be updated every 3 years. The Club will fund any First Aid training and encourage First Aiders to attend further First Aid courses to keep the qualification current.
- First Aid Kits are supplied directly to individual First Aiders who request an individual kit. There is also a First Aid box at the clubhouse. The First Aid kits should be kept in good order and appropriately stocked either by individual First Aiders with kits or the First Aid Co-ordinator for the club box.
- First Aiders should always have access to a mobile telephone.
- All First Aid Kits should have an information card providing contact details of hospitals and First Aiders.
- A First Aid Information Notice will be posted in the clubhouse.
- The First Aid Procedures will be displayed in the clubhouse and on the club website.
- RFU insurance covers First Aiders to administer First Aid procedures commensurate with their level of qualification – those who have completed an RFU Sports Injuries First Aid Course.
- All significant injuries must be recorded and logged in the Player Injury Record book kept at the bar in the clubhouse.
- First Aiders are to report all significant or serious injuries to the First Aid Co-Ordinator + Club Secretary on the day of the incident.
- The First Aid Co-Ordinator will complete relevant RFU documents for RFU reportable injuries and forward to the RFU. Reportable injuries are defined as those injuries which result in the hospitalisation or death of a player. The First Aid Co-Ordinator will liaise with the Club Secretary on these incidents. Details can be obtained from the RFU via www.rfu.com/health
- All First Aiders need to know how to access the RFU Reportable Injuries Form and copies will be placed in the Player Injury Record Book.
- If First Aiders are unsure of anything – then ask or report it!.
- All First Aiders officiating at Mini – Youth matches/events must hold a current CRB certificate.

RFU REPORTING PROCEDURES

- ADMITTED TO HOSPITAL - REPORT WITHIN 48 HOURS
- RESULT IN DEATH - REPORT WITHIN 6 HOURS OF THE GAME FINISHING.